



SWADHAR CAREER INSTITUTE

UNIT OF S.P.N.DOSHI WOMEN'S COLLEGE

Smt. P. N. Doshi Women's College,
Cama Lane,
Ghatkopar (W).
Mumbai – 400 086.

Email id. swadhar@yahoo.co.in

Website : <https://www.spndoshicollege.com>



COURSES OFFERED

- FASHION DESIGNING
 - INTERIOR DESIGN & DECORATION
 - PRE - PRIMARY TEACHER'S TRAINING
 - BEAUTY TREATMENTS
 - NUTRITION AND FOOD MANAGEMENT
- 

FASHION DESIGNING

CERTIFICATE COURSE (First Year)

- Design and Fashion history
- Art and Techniques of sketching
- Introduction to fashion illustration & application
 - Introduction to Drafting and pattern making
 - Apparel Manufacture & Design
 - Computer Aided Designing

ADVANCE DIPLOMA COURSE (Third Year)

- Principles of Export
- Finance and Customers Knowledge
- Fashion Brand Management
- Self Grooming
- Textile Science
- Field trips to Trade Fair and Exhibitions
- Digital Marketing

DIPLOMA COURSE (Second Year)

Fashion language
Designing Inspiration and research
Fashion forecasting and Future trends
Adaptation of high Fashion Variations
Fabric Construction Techniques
Advance apparel Construction

Career Scope

- Fashion Designer
- Start own label & Boutique
- Work in Garment industry local & export
- Fashion Consultant
- Fashion merchandiser
- Fashion stylist & coordinator
- Fashion Blogger
- Work in various industry like TV serials, theatre, films as costume designer
- Free lance as a designer, stylist or fashion consultant to various establishments.

Admission inquiry

- Ms. KINNARI THAKKAR
- B.Com. Diploma in Fashion Designing Commercial Programming,
MBA in Marketing
- 9820639963
- kinnarisamir2411@gmail.com
- Ms. RIYA MEHRA
- B.Sc Textile Designing,
Diploma in Apparel Manufacture and Design, PVP, SNTD Juhu,
MBA with Fashion Specialization
- 98216 48420
- riyamanmehra.sndt@gmail.com
- (OFFICE) 022-2512 3484 (Ext. 217)
- EMAIL. swadhar@yahoo.co.in,



INTERIOR DESIGN & DECORATION

COURSE CONTENTS

- Basics of Drafting
- Residential Designs
- Commercial Designs
- Working Drawings
- Office spaces
- Restaurant designing
- Estimation
- Professional practice
- Services – plumbing lighting Hvac etc
- Autocad 2D

COURSE CONTENTS

Autocad 3D

3D max

Product design

Furniture Design

Landscape

Anthropometric & Ergonomics



ONE YEAR CERTIFICATE 2ND YEAR DIPLOMA COURSE 3RD YEAR ADVANCED DIPLOMA

MINIMUM QUALIFICATION FOR THE COURSE IS SSC.

CONTACT DETAILS

AMITA LODAYA 9324229844 (10 AM – 7PM)

amitamota@gmail.com

SANA (OFFICE) 022 2512 3484 (Ext. 217)

EMAIL. swadhar@yahoo.co.in,

swadharinstituteid@gmail.com

PRE - PRIMARY TEACHER'S TRAINING

Course details

- 1 year diploma course
- Extensive training through classroom teaching and field work
- Timing : Afternoon time
- Regular classes from Monday to Saturday
- Side course offered: computer training
- Fees : Rs 15000/ -

Career Scope

- Preschool school teacher
- Opening own preschool –play group, nursery, KG section.
- Job as supervisors/coordinators at preschool
- Starting enrichment classes for young kids –art class, painting and drawing, puppet making
- Organizing summer camps/ children classes during vacation

Join Diploma course to be a wonderful teacher & skillful administrator

■ Who can Join ?

Any discipline students, preprimary teachers who require a professional degree , home makers, students who want to take extra certificate along with regular degree.

■ Eligibility criteria :

12th certificate with 55% and above.

■ Objective of the Course:

To train students to become teacher and manager of any preschool.

To develop entrepreneur skills in students to start up their preschool /day care/ ECE center

To develop managerial skills in students to manage early childhood centers.

To develop organizing skills in students to organize and conduct summer camps and classes.

Examination Pattern

- Internal assessment through out the year for practical work
- Annual theory exam (50marks)
- Internship 200 marks
- Minimum passing percentage -40%
- Attendance -75% for all papers
- Students failing or defaulting in internal assignments or internship will not be permitted to take final exam.
- Campus placement service may be provided with certain conditions.
- **Faculty :**

Dr. Ritu Bhatia – Assistant Professor in Department of Human Development ,
SPND College-MSc in Human development, PhD in Extension & Communication

Ms Kamini Panigrahy – B.com, Diploma in Early childhood Education

BEAUTY TREATMENTS

Course Content

▶ Skin treatment

- ▶ Introduction of skin
- ▶ Facial procedure
- ▶ Facial massage
- ▶ Makeup
- ▶ Bleaching
- ▶ Threading
- ▶ Waxing
- ▶ Manicure
- ▶ Nail structure, Nail art
- ▶ Pedicure

Hair treatments

- Hair wash & conditioning
- Blow drying
- Ironing
- Roller Setting
- Head massage
- Temporary hair setting
(Tongue & Creeping)
- Hair coloring
- Heena dyeing
- Hair cutting & Hair Styling

Salon management

- History of makeup
- Basic knowledge of beauty
- Cosmetology
- Salon etiquettes & attire
- Art of communication
- Salon maintenance
- Ethics and moral retailing
- Consultation & retailing
- Personality development
- Machines for Facial treatments

Career scope

- Work in a beauty salon
- Freelancing beautician
- Start your own beauty parlor
- Work as a beautician / makeup artist / beauty therapist

Faculty

Ms. Rita Betkar (9820787050)

M.A. In Marathi.

Ad.Dip. In Beauty treatments.

Beauty therapist.

Professional Makeup artist & Hair stylist.

Beauty advisor (From Loreal Beauty academy).

Nutrition & Food Management

Theory

Introduction to Nutrition

Recommended dietary allowances

Functional Foods

Dietary management in various condition- Diabetes, Hypertension, overweight, underweight, pregnancy, lactation, etc.

Nutritional requirements for different age groups

Principles of quantity food product
Menu Planning

Types of small scale units

Current trends of diet

Management of resources- money, time, energy, space, equipments, materials, staff

Impact acts and taxes

Practical

Different cooking techniques

Changes occurring in food due to cooking, storing,

Planning and preparing different recipes to suit different conditions and age groups

Standardized and Costing
Scaling up, Packing, Labeling, Pricing and Marketing

Record keeping- Purchasing, Receiving, Storage, Preparation, Selling

Market- Consumer, Producer, Retailer, Marketing survey techniques



Career scope

- Start one's own catering business/canteen/dabba services/snacks service.
- Employment in established caterers
- Work as free lancer

Faculty

Ms. Deepali Shah (9969306414)

M.Hsc.(Nutrition)

Email –deepalidiet2020@gmail.com