



HOME SCIENCE

Home Science integrates the application of various sciences and humanities to improve human environment, nutrition, management of resources and development.









What is Home Science? Is it only about..????



Cooking..?



Stitching..?



Child Care..?



Cleaning..?







The woman of today...

She has:

- 1. More work.
- 2. Less Time.
- 3. Less Help.
- 4. Difficult choices to make
- 5. Eg. Food, Clothes and Career.



Home science prepares one to manage one's life more efficiently.









Is it about being a professional....???



Optimizing Human potential



Nutritionist / Dietitian



Interior Designer and Consultant







Then what is it...???

- It is offered as a Bachelor's Degree with B. Sc. in Home Science
- The core specializations offered are
 - Human Development (Early Childhood Education)
 - Food Science & Nutrition
 - Resource Management (Interior Space Design)
- After the UG course one can go for PG in Home science and opt for specialization or can opt for other PG courses.









Dr. [Smt] Nanavati B.M.College of Home Science

You will receive a Degree in B.Sc. Home Science with Specialization in

- Human Development (Early Childhood Education)
- ❖ Food Science & Nutrition

Resource Management (Interior Space Design)

Degree is awarded by S.N.D.T Women's University, Churchgate, Mumbai





Who can take up Home Science?

Students who have passed 12th Std in Arts, Science,
Commerce and Vocational Courses

(For Foods Science and Nutrition specialization only
Pure Science and Science with Home Science
students are eligible)

Students who are willing to put in hard work and sincere efforts under the guidance of teachers.









General Information about Home Science

- This course is affiliated to SNDT university, Mumbai and the degree is recognized all over the world.
- Our college has NAAC accreditation with A grade for three consecutive cycles.
- This course is not affiliated to Baroda University.
- A variety of career oriented programmes recommended by the university under UGC are being offered which improve job prospects.







Advantages of Home Science

- Theory subjects as well as practicals therefore focusing on knowledge, skills and attitudes.
- Scoring high marks possible because of practicals and assignments.
- Semester system similar to professional courses like medicine and engineering, so exposure to a wide variety of subjects every six months.
- Seminars and presentations not only increase practical and in-depth knowledge of the subject but also enhance personality development.
- Internship placements provide exposure to the professional world and increase job prospects.





Teaching Methodologies









Home Science as a Career













Home Science as a Career















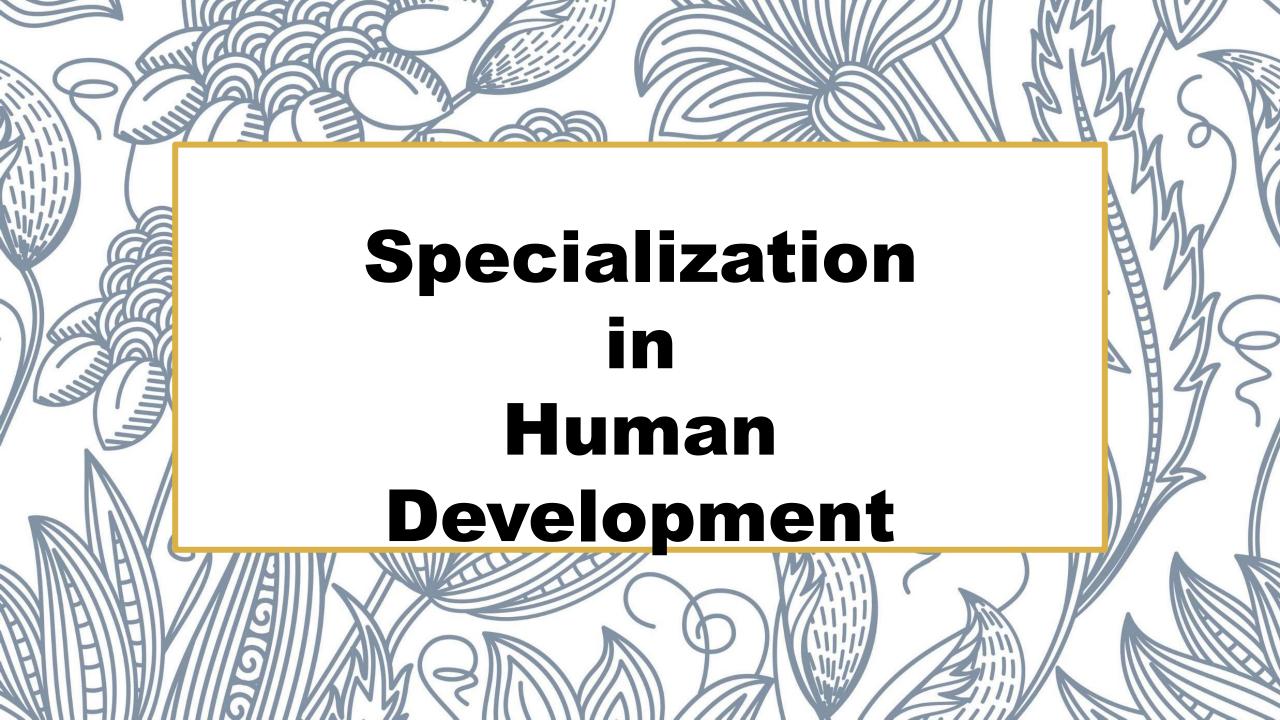


CO-CURRICULAR ACTIVITIES

- Organizing Annual Exhibitions for the articles prepared under various subjects
- Field Visits
- Participating in Inter college Competitions
- Participating in International / State level seminars and workshops
- Participating and winning prizes in URJITA (Inter-collegiate students' research Competition) since three consecutive years.
- Participating in Study Tours / Industrial Visits / Community work.
- Internships in Industries, Institutions, Hospitals, Stores and with Designers and Architects.









Human Development



















Opportunities

- Administrator/Teacher: Nursery schools, Day Care Centres.
- Social worker: Child/Women/Old Age Institutions, Special Schools.
- Script Writer: Children's Book, Magazines, Newspapers, Websites, TV programmes, Children's theatre.
- Illustrator/Cartoonist: Children's books, Magazines.
- Designer: Toys, Space, Clothing, Equipments, Greeting Cards.
- Event Manager: TV programmes, Parties/Events for children, Summer camps.
- Counselor: Help lines, Schools, Child Guidance Clinics.
- Curriculum Designer: Schools, Private Nurseries.









Opportunities

- Teacher Trainer: Teacher Training Colleges.
- Researcher: Research And Design departments, Universities...
- HRD Professional: Industries.
- Professional in Communication and Media for children
- Special Educator / Dyslexia Therapist
- Recreation Manager
- Life Coach
- Emotional Intelligence Master Trainer / Counselor
- Designer: Toys, Space, Clothing, Equipment, Greeting Cards







ALUMNI OF HUMAN DEVELOPMENT DEPARTMENT



Mrs Sneha sawant
Special Needs Teacher, Peel
District School Board,
Canada
Special Needs Support Staff,
Early Childhood Education
Assistant, YMCA



Ms.Capt. Prerna Shinde
Posted in Jammu as Captain in
the Indian Army Masters
Social Work
(2009- 2011)
Commissioned in the Army
2011 Dec



Ms. Priyanka Naikar

Center Head and

Co-ordinator at the Learning

Curve - The

International

Preschool







ALUMNI OF HUMAN DEVELOPMENT



Ms. Manshree Shinde

Committed Communities Development Trust as

Senior Programme Officer



Ms. Veena Kulkarni

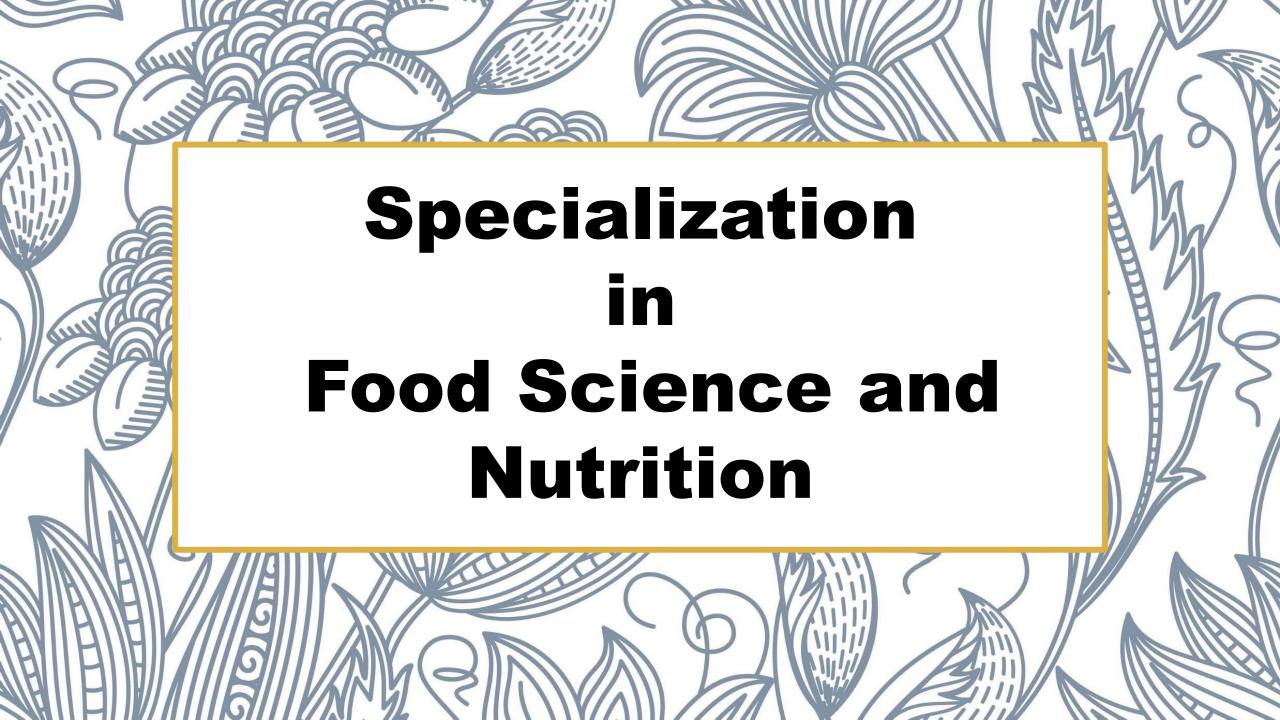
Training Coordinator and
Curriculum Designer,
Neev Preschools, Queens road in
Bengaluru



Prajakta B Sawant Grade
Incharge in the Primary
section at Shreeram
Vidyalaya & Jr College,
Airoli.
2010 - 11 batch































Opportunities

- Nutritionist / Registered Dietitian
- Hospitals Dietitian
- Food Industries (Product Development / Quality Control)
- NGO's UNICEF, CARE
- Government Placements ICDS, FDA
- Nutripreneurs (Food Entrepreneur)
- Self Employed Professionals
- Fitness Centers
- Consumer Healthcare / Nutrition Counselors / Diet Consultants
- Nutrition Marketing
- Journalism Health







ALUMNI OF FOOD SCIENCE & NUTRITION



Ms.Seema Dixit
Deputy Director, Rhode
Island Department of
Health, USA



Ms. Shilpa Mittal
Corporate Wellness
Consultant
Founder Nutritionist &
Dietitian,
SHILPSNUTRILIFE



Ms Afsha Shaikh
Corporate Wellness
Consultant Founder,
Dietitian
Afsha's Health Horizon,
Hiranandani Meadows,
Thane



Wadia
Currently pursuing
PH.D in Purdue
University, USA on
full scholarship









Ms Siddhi Shinde
Online Nutrition
Counseling
NutriWow – Online
Therapeutic
Nutrition Counseling



Ms Jayshree
Shinde
Consumer
Healthcare
Diabetes Educator,
Vaccine Division,
Sanofi Pharma,
Mumbai



Ms Shabnam Khan
National Bodies
Project Fellow, Indian
Dietetic Association's
'Beat Diabetes"
Project



Ms Miloni Nandu
Consumer
Healthcare Clinical
Nutritionist & Field
Educator, Hindustan
Unilever Project at
Saarathi Healthcare
Pvt Ltd, Mumbai









Ms Ruchita Desai,
Dietitian /
Nutrition Counselor
Senior Dietitian, P D
Hinduja Hospital,
Mahim, Mumbai



Ms Bhavya Purani Kismatrao
Pursuing Doctorate Degree
Annamalai University, Chennai
along with managing Nutrihealth Online Counseling, Internship
Training on Counseling Skills



Ms Anuja Dharap
Corporate
Wellness
Consultant
Founder
Nutripreneur, The
Green Punch









ALUMNI OF FOOD SCIENCE & NUTRITION

- Government Organizations
- Ms Kalavati Trimukhe, Department of Atomic Energy, Government of India
- Analytical Laboratories
- Ms Rutali Pangare Jadhav, Senior Food Chemist, Anazeal Analytics & Research
 Pvt Ltd, Navi Mumbai
- Dietitians / Nutrition Counselors
- Ms Mansi Dhamne, Chief Dietitian, Bai Jerbai Wadia Hospital for Children,
 Mumbai











Resource Management























Opportunities

- Assisting Architects & Interior Designers / Decorators
- Set Designing
- Event Management
- Independent Freelance Designers and Consultants
- Landscape Design Consultancy
- Entrepreneurs
- Auto-CAD drafters / Teachers
- Designing and Manufacturing Accessories.
- Specializing in Kitchen Accessories.
- Designing and Manufacturing of Furnishings (Bed and Linen).
- Creative Classes.
- Projects in Consumer Cells.
- Research Assistant/Associates in Research Cells.
- Writing for Interior Design Magazines.
- Laboratory Assistant in an Equipment Testing Lab.









ALUMNI OF RESOURCE MANAGEMENT DEPARTMENT



Ms. Deepa Waiker
Proprietor Of
Karnik Interiors



Ms. Asmita Sawant
Godrej Interio, Mumbai
Integral design
Sleek international (HO)
Currently Proprietor of Asmita &
Associates & Ecospace Enterprises A modular kitchen firm



Ms. Pinky Padhy

NP Interiors.

Proprietor

Year of Passing: 2012 - 2013









Ms. Neha Poyrekar

NP Interiors.

Proprietor

Year of Passing: 2010-2011



Mrs Ashwini Gholam Jagtap
Genesis Infoserve Pvt Ltd
(AutoDesk Gold Patner)

Designation - Technical Solution
Expert for AEC (Architectural
Engineering & Construction)

Software products for Interiors,
Architects, MEP,BIM Course With
BIM 360

Year of Passing: 2010 - 2011



Ms. Shruti Karkera
Edifice Consultant Pvt Ltd
Designation - Designer
Year of Passing: 2010-2011







Ms. Prajakta Shivalkar
(M.Sc.I.D.)
Vernon Interiors (Thane- West)
Designation - Sr. Interior
Designer
Year of Passing - 2012 - 2013



Ms. Priyanka Mistry Toran
Global Pvt Ltd Designation HR
Recruitment
Year of Passing: 2014 - 2015



Ms. Vedanti Ghughre (Stood First in University - 2016)
Manager in LivSpace (Pune) as designer partner/ VedArya
Creations as Design Consultant
Year of Passing: 2015 - 2016





